

Packing Check-List



- Passport!**
- Visa!**
- Photocopy of Passport and Drivers License**
- Rain poncho or small umbrella
- Hat and sunglasses/bandana (personal preference)
- Baggy jeans or pants – (bicycle shorts under jeans)
- Shoes (good ankle and sole support)
- Underwear, socks
- Camera, batteries, storage devices or film
- First Aid Kit and Personal medicines*
- Spending money
- Thin blanket, sheet or lightweight bedroll for comfort
- Small flash light with extra batteries
- Toiletries: (purchase unscented variety if available)
 - soap shampoo/conditioner deodorant teeth items
 - hair care items shaving items insect repellent w/ Deed
 - sun block ace bandage toilet paper hand sanitizer
- Towel and washcloth
- Snacks or personal food packs (for when you get tired of Indian food!)
- Juices in disposable containers or powdered drink mixes to add to bottled water like Gatorade
- Bible and notebook/Pen

* **Remember first aid and personal medical needs!**

Possible medications to take with you:

Acetaminophen, Aspirin or Ibuprofen for headaches or body aches

Phernegan for nausea

Lomotil for diarrhea

Bactrim (requires prescription from your doctor)

Benadryl for any allergic reactions.

- If you are taking prescriptive medications, be sure they are in the **original prescription bottle with your name on the label.**

● Have your **passport** and photo **ID** ready at the airport. We will check-in as a group.